



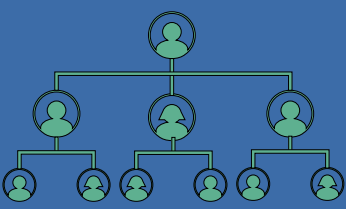
# CANCER GENETIC COUNSELING

## WE ARE ALL AT RISK FOR CANCER



- Most cancers occur sporadically
- However, only ~5-10% of all cancers are due to an underlying genetic mutation
- Genetic counseling can help determine if you may be at a greater risk than the general person to develop cancer in your lifetime
- Learning about your personal risks may allow for risk reducing Intervention

## WHEN TO SEE A GENETIC COUNSELOR



multiple individuals have been affected with cancer in your family



you have a personal or family history of cancer under 50 years old



you are of Ashkenazi Jewish ancestry



you have recently been diagnostic with cancer or your family member has tested positive for a genetic mutation associated with an increased risk

## GENETIC COUNSELING DOES NOT EQUAL GENETIC TESTING

In a genetic counseling appointment, you may:

1. have your personal and family health history asked about and analyzed for a risk assessment
2. learn about your personal risk factors
3. talk about your health goals and concerns
4. find out your genetic testing options
5. discover what a genetic test result means for you and your family and how to navigate this information



## WHAT TO KNOW BEFORE YOUR APPOINTMENT:

Which family members have had cancer, what type, and at what age they were diagnosed

If anyone in your family has had genetic testing and what are the results

